



COMPLETE LINE OF FALL AND ARREST EQUIPMENT
Ships In 3 - 5 Business Days

Hooking you up with quality!
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[Fall Arrest Catalog Here](#)

GENERAL HARNESS INFORMATION

CSA HARNESS GROUP DEFINITIONS



GROUP 1 – Fall arresting
Group 1 harnesses are designed to support the body during and after the arrest of a fall. Group 1 harnesses must have a back D-ring (located between shoulder blades). All other groups of harnesses must also meet the requirements of Group of the group 1 harnesses.



GROUP 2 – Confined Space Entry / Exit
In addition to the back D-ring, Group 2 harnesses must also have sliding D-rings on top of each shoulder strap. These D-rings are designed to support the user during raising or lowering into and out of confined spaces.



GROUP 3 – Work Positioning
In addition to the back D-ring, Group 3 harnesses must also have D-rings mounted at the waist level. These D-rings are designed for work positioning applications.

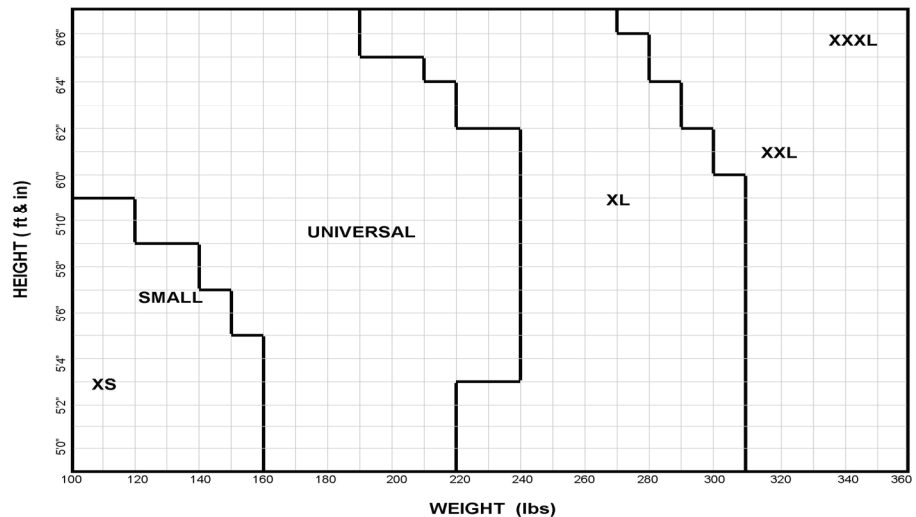


GROUP 4 – Ladder Climbing
In addition to the back D-ring, Group 4 harnesses must also have 1 or 2 front mounted D-rings. This D-ring is designed for use with a ladder climbing or tower climbing fall arrest system.

WARNING: ONLY USE THE BACK D-RING FOR FALL ARREST. USE OF ANY OTHER HARNESS D-RING FOR FALL ARREST MAY RESULT IN SERIOUS INJURY OR DEATH.

HARNESS SIZING

Although Universal sized Norguard harnesses are designed to fit most people, they do not always properly fit all users. Consequently, Norguard offers different sizes of harnesses to ensure a proper and comfortable fit for a larger range of people. Please refer to the chart at the right as guide to selecting the proper size of harness. Please note that individuals who fall on or near a dividing line between one size and another should choose the larger size or be fitted for the proper size. If you have any questions about selecting the proper size harness, please contact Bruce Russell @ 905-945-7993



WARNING: AN IMPROPERLY SIZED OR DONNED HARNESS MAY RESULT IN SERIOUS INJURY OR DEATH DURING A FALL ARREST INCIDENT. FALL AWARENESS TRAINING INCLUDING HARNESS DONNING IS RECOMMENDED PRIOR TO USING ANY FALL ARREST HARNESS.